



W O O D B U R Y

Woodbury Community Association

Water Safety

The following information was taken from the Orange County chapter of the Red Cross. For more information and to sign up for a CPR or First Aid course, please visit their web site at oc-redcross.org or call 714/481-5300.

The Association has several swimming facilities and would like residents to be aware of the following safety tips.

- Never swim alone
- Do not go swimming if you have been drinking alcoholic beverages
- Use common sense about swimming after eating
- Do not chew gum or eat while swimming
- Know your swimming limits and stay within them
- Keep an eye on weaker swimmers
- Watch out for the “dangerous toos:” too tired, too cold, too far from safety, too much sun, too much hard playing
- Never leave children unattended. “Active” supervision means keeping your eyes on the children at all times.
- When watching infants or toddlers near water, always stay within an arm’s reach
- Always have a “watch buddy” present.
- Flotation devices should complement adult supervision, not replace it
- Read the safety signs at the pools, spas and waders and follow them

The Association has contracted for pool monitoring services at the lagoon pool at the Recreation Center during the warmer months. Please be aware that these pool monitors are not lifeguards and parents, guardians and caregivers should closely watch their children at all times when using the pool facilities. If an emergency occurs at one of our pool facilities, dial 911 immediately. There are pay phones at each pool facility and there is no charge to dial 911 from a pay phone.